Camp Abilities News

YESTERDAY DAY

- Showdown
- Horseback Riding
- Buskers Concert
- Watersports
- Basketball

TODAY

- Camp Picture
- Color Pump Up Dance
- Beep Baseball Game
- Duathlon
- Swim Meet
- Goalball Tournament
- Talent Show!!

TOMORROW

- Sports Day With Parents
- Pizza for Lunch
- Pack and Clean Rooms
- Awards Ceremony
- Campers and Parents Depart
Care to Share - Thursday, June 29, 2017, Breakfast

Groups:
- Blue and Bold (B)
- Green Beans (G)
- Orange Clementines (O)
- Pink Pretty Patties (P)

Fish count: 8!

Faith - P - third year in a row for horseback riding, went fishing.
Andrew - B - rode the horse, it was awesome!
Daniel - B - played showdown for the first time, won the first game, horseback riding - finished my training, look at the badge!
Kincaid - B - fishing - caught 2 fish.
Sam - O - stand up paddle boarding all by myself.
Ronan - G - played basketball and I fell and scraped my knees and went back in, and a dog knocked me over.
Elora - C - horseback riding - loved it.
Mackenzie - O - horseback riding, it was fun, I got ribbon, I’m nervous about paddleboarding but I’ll do it anyway.
Annika - G - got the first pitch of the evening.
Sean - O - horseback riding, I got a ribbon, can’t wait to do SUP.
Kiana - O - horseback riding and got a ribbon.
Care to Share - Thursday, June 29, 2017 Dinner

Groups:
- Blue and Bold (B)
- Green Beans (G)
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Fish count: no new information

Isabella - G - swimming - learning backstroke, 29 seconds for 25 yard, 30 sec 25 yard freestyle, did routine on bars: forward roll, back hip circle, then a back hip circle dismount.

Deputy Dan - B - gymnastics - 17 skills; I upgraded to Sheriff Dan. Back roll - it was a BEAST. Swimming - first time without a life vest! Coach Ashley encouraged me to do it.

Sam - O - SUP - I did not fall in the canal. I was a sweeper - I had to make sure that everybody was safe. Earned a token at goalball, my third one for the week.

Elora - O - Scored 2 goals at goalball, and got a token and I was really proud.

Chris S. - P - Goalball - scored 3 goals; 48 laps/12 miles in tandem biking

Jason - P - shoes are often untied; sitting with Chris S. and Coach Cody and he was blindfolded - I tricked him.

Mina - O - swimming - swam from 4 feet to the 6 feet

Annika - G - In SUP I went on the board myself and stood up and did not fall. In gymnastics I did a cartwheel and roundoff

Madelynn - G - ran her coach into a sign.

Faith - P - swimming - attempted the breaststroke; tandem biking - goal was 9 miles in one session, didn’t meet it, but I got 14 miles overall.

Maddy - B - attempted to jump in deep end, but I was anxious so I slid in, and I did the campus ride in biking, I was nervous. I got a token.

Christopher N. - B - 50 meter 7.48 seconds; 100 m ran 11.79.

Keara B. - O - stood up in SUP, did research with Ally and Sally.

Andrew - P - tandem biking - goal 40 laps: we did 56 laps!

Braiden - G - jumped off diving board in swimming, jumped off vault in gymnastics, did not fall off SUP.

Cade - G - beep baseball got a token; SUP it was raining and I got hooked up to coach Aaron, and it was awesome.

Alex - G - got up on uneven bars and did a roll without any help.

Sean - G - gymnastics - first handstand and cartwheel.

Mackenzie - O - really really really nervous about SUP - then, my nerves were gone. I was hooked coach Erin’s board, I got a token.

Jess - B - roundoff back handspring.

Kiana - O - stood up in SUP, swimming 10.5 laps. Swung at beep baseball.

Sean S. - O - goalball - scored 2 points.

Abby - O - first token for SUP.
This newsletter is dedicated to the memory of Dr. Janet Joseph, the founder of this newsletter and Lauren Lieberman’s mother. She died suddenly in December of 2006. She was an active part of Camp Abilities Brockport for seven years and we miss her very much.