

Camp Abilities Newsletter!
THE C*A*N, as in, yes you can!

Sunday, June 26, 2011
Volume 7, Number 1

Welcome to Camp Abilities Brockport! This is the first volume of the 2011 Camp Abilities Brockport Newsletter, the C*A*N.

The C*A*N is dedicated to the memory of Dr. Janet Joseph, the C*A*N founder and Lauren Lieberman's mother. She died suddenly in December of 2006. She was an active part of Camp Abilities Brockport for 7 years and we miss her very much.

Camp Staff

Lauren Lieberman is the **Director of Camp Abilities Brockport**. Lauren started Camp Abilities Brockport 16 years ago here at The College at Brockport. She teaches undergraduate and graduate students about adapted physical education and has written numerous books and articles about physical activity for youth with visual impairments. Her motto is: Believe you can achieve!

Haley Schedlin has been the **Assistant Director for Camp Abilities Brockport** for the last 8 years. She was the director of Camp Abilities Alaska in 2007 and worked at Camp Abilities Arizona as the track and field specialist and research collector. She also was the Tandem Biking and Goalball Specialist for Camp Abilities Long Island and helped out at Camp Abilities Maryland. Haley is the outreach coordinator for helping start new camp abilities through out the world co-authoring the Camp Abilities Start-Up manual with Dr. Lauren Lieberman.

Jeff Yellen earned his Bachelor's degree in Physical Education from The College at Brockport, State University of New York. He is currently working to earn his Master's degree in Adapted Physical Education at The College at Brockport. Jeff has been involved in Camp Abilities in NY, MD and CT.

Tiffany Mitrakos earned her Bachelor's degree in Physical Education from The College at Brockport. She will be working on her Master's degree in Adapted Physical Education at The College at Brockport. This will be Tiffany's third summer with Camp Abilities Brockport.

Nurse Judy Derycke is our camp nurse and has been at Camp Abilities Brockport for 12 years – and she has been a nurse since 1963! She has 3 grown daughters and 10 grandchildren. Nurse Judy says wear your sunscreen and drink lots of water.

Nurse Sheila Parks is our camp nurse and this is her second year at Camp Abilities Brockport. She has been a nurse for 11 years and she lives in central New York. She is camper Zeb's mom and she says remember to wear closed toe shoes for sports.

Cathy Lyle is the Interpreter Coordinator and an interpreter. She is the DeafBlind Specialist for the Minnesota Department of Education and this is her 14th year at Camp Abilities Brockport. She lives in Woodbury, Minnesota and loves Camp Abilities Brockport. .

Lisa Hanson has taught Orientation and Mobility in Texas for 18 years. This is her 6th year to be on staff at Camp Abilities Brockport. She provides Braille materials to athletes and coaches, as well as, helps with pre-camp orientation. This year she will also be a Track and Field Specialist.

Amanda Tepfer is our Aquatics and Boating Director. She received her Bachelor degree from Wright State University in PE and Health and Master's from The College at Brockport, in Adapted Physical Education. She has been involved with Camp Abilities Brockport for the past 13 years and Camp Abilities Tucson for 4 years and is currently the Director of Camp Abilities Florida. Amanda is teaching Adapted PE for Franklin County Board of Developmental Disabilities in Columbus, OH.

Michele Myers is our transportation guru and the newsletter editor. She teaches physical education at School #23 in Rochester, NY. This is her 8th year working with Camp! She is also APE section President for NY State AHPERD!

**Group Leaders, Assistant Leaders,
Counselors in Training (CITs), and Interpreters**

Campers are divided into four groups. Each group has a Group Leader and an Assistant Group Leader. The Group Leaders and their Assistant Group Leaders are:

Yellow group – Mary

Green group – Stacey

Purple group – John

Blue group – Emily

Some campers, counselors, and group leaders use sign language to communicate because they are deaf or hard of hearing. The interpreters provide sign language services to help people who use sign language and people who do not know sign language communicate easily. Our interpreters this year are: Cathy Lyle, Deb Carlson and Ann Cavalo.

In our CIT program, the CITs will learn to be coaches and how to work with young athletes. This year our **CITs are Logan, Blaise, Quinn, and Tori.**

Activity Specialists

Lisa and David are two of our track and field specialist.

Kyle is an aquatics and track and field specialist.

Stephanie is a track and field and goalball specialist.

Don Johnson is our judo specialist who has a 3rd degree black belt in Kodokan Judo, which he started under Olympic coach, Dr. Sachio Ashida. Here in Brockport he continues to study with Olympians Inaki Sanz and Nagaysu Ogasawara. For the last 3 years Don has taught judo classes here at the College at Brockport.

Donna Dollard is a 2004 graduate of West Chester University of PA, where she has continued on to pursue her Master's Degree in Health Education. Donna is in her third year as a teacher at the PA Leadership Charter School in West Chester where she teaches Middle School Health and PE. In addition to the Brockport Camp, Donna has volunteered at Camp Abilities in PA, Long Island, Florida, and Alaska. This year's camp will be Donna's 15th Camp Abilities experience. Donna will be a **Beep Baseball and Aquatics specialist.**

Kira Labagh has been involved in Camp Abilities in NY, AK, PA, and CA. Kira is our **beep baseball and gymnastics specialist.**

Gina Pucci is in her 10th year at Camp Abilities Brockport and has helped with Camp Abilities Florida for the past two years. She is currently teaching high school health and PE in Cecil County public schools in MD. Gina was the 2004 Camp Abilities Graduate Assistant in Brockport. She is our sports specialist for **tandem biking and aquatics.**

Beth Foster is an adapted physical education teacher in Lancaster, Pennsylvania. She has been to camps in Alaska and Arizona, and is the Athletics Director at Camp Abilities PA. Beth is our **Tandem Biking and Goal Ball specialist.**

Jocelyn Paris (JP) has been heavily involved in Camp Abilities over the past 7 years. This year, she will be working with Haley to provide nutritious and tasty meals to campers and staff.

Terry Kelly is a Canadian singer/songwriter who is blind.

Sharon Pagel is the archery Specialist and is blind.

**The C*A*N is your newsletter. It is interesting because of YOUR contributions.
See Michele at breakfast, lunch, or dinner with your accomplishments.**

Believe you can achieve!