

**Camp Abilities 5K**

**Walk, Run, Roll!**

A Family Friendly Walk, Run, or Roll 5K Course and 100m Kids Race

**Saturday, October 27th, 2018.**

**Camp Abilities is an educational sports camp for children with visual impairments, blindness, or deaf-blindness held on the SUNY-Brockport Campus each year.**

8:00am: Registration Begins on the SUNY-Brockport Track

8:30am: 100m Kids Run

9:00**am:** 5K Starts

5K cost: College-aged and younger $10, Preregistration for adults is $15, Same day registration is $20 ALL including a water bottle

 100m Kids Race: Free!

Come out to exercise and support a great program!

Donations are also welcome at <http://www.campabilities.org>





**For more information please contact: Kristi Lane at:** **klane5@brockport.edu** **or 585-456-4701**

First and Last Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Select one of the following for divisions: Male\_\_\_\_\_ Female \_\_\_\_\_\_

Select one of the following age categories:

11-18 \_\_\_\_\_\_\_ 19-25\_\_\_\_\_\_\_\_ 26-45\_\_\_\_\_\_\_\_\_ 46-55\_\_\_\_\_\_\_\_\_ 55+\_\_\_\_\_\_\_\_\_\_\_

Select which applies to you:

5K walk\_\_\_\_\_\_\_\_\_\_ 5K Run\_\_\_\_\_\_\_\_\_\_\_ 5K Roll\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Emergency Contact: Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Race selections please circle all that apply:

* 5K Walk/Run/Roll
* 100m Kids Race

Payment methods please circle one:

* Cash
* Check made out to Research Foundation
* Online Payment at campabilities.org under “Donate” – please write in 5K registration if using this method.

Signature below indicates your agreement to indemnify and hold harmless and hereby releases, waivse, discharges and covenants not to sue, The Research Foundation for SUNY, The State University of New York, The State of New York, The Village of Brockport, and Camp Abilities Brockport, as well as any members, officers, agents, servants, and employees of the same from any and all liability, claims, demands, actions, losses, expenses (including court costs or attorneys fees), and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me or my child or legal ward, or any property belonging to me or my child or legal ward, while participating in the 5 K event.

I am fully award of the potential risks and hazards with participation, including but not limited to travel, medical and or accident risks and voluntarily assume those risks binding myself, members of my family, spouse and heirs to this Waiver of Liability and Hold Harmless. It is my responsibility to sustain or acquire and maintain adequate insurance for participation.

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Signature (Parent or Guardian if under 18) Date

Please return Registration and Payment to:

Attn. Kristi Lane

Camp Abilities

350 New Campus Drive

Tuttle North 343

Brockport, NY 14420

Or Email Registration to: klane5@brockport.edu