

Camp Abilities Newsletter
THE C*A*N, as in yes you can!!!
Saturday, June 29, 2012

Weather Report

High 90 Low 65

Mostly sunny!!!

Sounds like the weather is going to be great for us on our last day of camp!!!

First and foremost goes out to the athletes, coaches, specialists, interpreters, nurses and EVERYONE that was involved in making this years Camp Abilities an AWESOME week!!! It took everyone's great effort, participation, amazing positive attitudes to make this year run as great as it did! Thank you, thank you, thank you!!!

Yesterday we had our first ever swim meet and the athletes did fantastic!!! We also had our Duathlon which consisted of biking and running and that went fantastic as well!!!

News from the groups:

Blue Crew- Veronica scored on a basketball back shot, floated on her back and wasn't afraid, Megan Got a home run in beep baseball, participated in archery, and **it's her 10 year anniversary here at Camp Abilities**, Kristin hit 2 balloons in archery, Jordan got 2 goals in goal ball, enjoyed swimming, and caught a fish.

Green Giants- Carmella went on the high beam in gymnastics and did a flip, Kincaid participated in archery, TJ came in 4th place in the swim meet, and he caught a sun fish, Nadya scored a goal in the last minute of the tournament in goal ball, she won the showdown final and showed great sportsmanship to her competitor, Logan came in first in the biking during the Duathlon and flipped on the rings in gymnastics, Ahmad did archery, Andrew did high bars for first time in gymnastics, Megan road in the front of a bike and came in 2nd place in swimming, Louise came in

3rd place in running, and Jake finished the duathlon in both categories in 23:44 each.

Yellow Lightning- Hannah got 2nd place in swimming and did archery, Alex scored 3 goals in goal ball and 7 baskets in basketball, and she hit the target in archery, Felix won his swim race, and jumped off the diving board 2x, Glynnis got 2nd place in her races, Ana got a goal in goal ball, Daniel got a few outs in beep baseball and swam 25 yards in his race in the pool and Hollyn got a goal in goal ball.

Purple Pirates- Tyler started the day with cutting off the sleeves of his shirt, he caught a fish, and he danced with Nick and Nadya in the talent show, Ryan scored a goal in goal ball, Donovan got hit in the head with a rolling ball in goal ball but then he scored a goal, Jessica got 5 outs in beep baseball, Nattie swam alone for the first time, Nick hit a pitched ball in beep baseball that passed everyone, Lily got 2nd and 3rd place in swim meet and 2 goals in goal ball.

OUR ATHLETES ARE AMAZING YOUNG PEOPLE!!!

Last night we had a superb talent show, so many great talents were performed for us and we want to thank you for entertaining us all!!!

Our Master of Ceremonies was Cody Reese and Christian Walters and the acts were:

ACT 1:

- 1) Kristen – singing “Bring Me to Life”
- 2) Alexander – Performing “Knock-Knock Jokes”
- 3) Nick R – Singing “It Ends Tonight”
- 4) Felix – Dancing to

5) Kimberly – Singing “The Middle” and “I Turn to You”

6) Andrew – Belly Roll Demonstration

7) Luke – Singing “New York, New York”

Note: Luke will be performing with his Dad, Coach Mike

8) Matthew – Playing Piano

9) Djeinabba [Jen-a-ba] and Destiny – Singing “You’re the One”

10) Adam and Ryan, the “Fartners in Crime” – Singing “The Fart Song”

11) Megan – Singing “Consider Yourself”

12) Jack – Playing Piano

ACT 2

13) Megan S – Comedy Routine

14) Hannah and Hollyn – Singing “What Makes You Beautiful”

15) Lilly – Dancing to Trade Winds

16) Luis – Singing “Break the Walls Down”

17) Ahmat [Ah-Mat] – Playing Piano

18) Glynnis – Singing “Skyscraper”

19) Makka [Ma-Kah] – Singing “Someone Like Me”

20) Daniel – Playing Piano

21) Natalie – Singing “I’m Glad You Came”

22) Kate- Singing “The 100th Meridian”

23) Nadya – Break Dancing

So, we are on our last day of CAMP ABILITIES 2012! Today athletes will choose the activities they would like to perform at for their families to see how wonderful they have done and what they can do.

Have fun and enjoy your day!!! Keep thinking positive, keep active, keep giving 100% and don't ever stop BELIEVING YOU CAN ACHIEVE!!! We hope to see you back next year for CAMP ABILITIES 2013!!! THANK YOU parents and everyone!

