

# The Camp Abilities Newsletter

Thursday, June 29, 2006

Vol 2, No 5

THE C\*A\*N

As in, yes you CAN

## Menu for Thursday, June 29, 2006

Breakfast – same

Lunch – cafeteria

Dinner – turkey, gravy, mashed potatoes, green beans, Italian Bread, Apple pie, courtesy of ABVI.

Last night's Sundaes are courtesy of the Just for Fun 4H.

Pancake breakfast is courtesy of the Churchville Lions Club.

## The Daily Fisherman by Larry Mayer

No report. We did not fish because of rain, archery and Terry Kelly.

## Some Team Accomplishments

### Chiquita Banana:

Beth did archery and diving for the first time. Amy swam 10 laps in the pool, first time in GB. Mary Ellen swam 8 laps in the pool. Megan M. swam 10 laps in the pool and 75 sit ups. Taylor swam 16 laps in the pool. Marissa swam 17 laps in the pool. Pao did 75 sit ups. Ruth and Megan S. both swam 8 laps in the pool. Lisa experienced archery for the first time. Tiff also enjoyed archery. Catherine ran 1 mile in track in 7 min. 12 secs.

### G-G-G-Green Unit:

Crazy Carl took over 30 seconds off his swim time at the trial. Dustin swam 10 laps in the pool. Kevin improved swimming to 15.5 laps. Quinn performed like a gymnast at gymnastics. Zamada improved her backstroke and used it to complete 8 laps during swimming, as well as performing a kneeling dive.

### **Purple Posse:**

Mike F. swam 8 laps in the pool. Nicole B. did a great job of blocking in GB. Tommy did 3 laps in the pool and learned the back stroke.

Brittany swam 6 laps in the pool and did an excellent job in JUDO.

### **Blue Lightning:**

Michael O. put on rollerblades for the first time and went in 4 large circles!

Cody H. improved his backstroke immensely in the pool. His effort is

terrific. Chris did a great job in gymnastics, especially on the floor

exercises. John played the Chicken Dance for everyone and did a wonderful

job at all his activities. Chris C. has done an awesome job helping his team

mates and friends in the dorms and at each and every activity.

### **Interview with Terry Kelly**

Conducted by Matt Orts

Recorded by Ed Laskowski (coach)

M: How long have you been singing?

T: I have been singing since I was 22. Throughout high school and college I played in bands. I did not get to sing at first because others did not like my voice. Others may judge us at times and you must try hard and work at it in order to achieve what you want to do.

M: When did you make your first album?

T: My first solo album was made in 1985.

M: Did it feature anyone?

T: My first two albums only featured myself. It was not till the third, fourth and fifth albums that included duets.

M: How many songs per album?

T: There are about 14 to 15 songs per album.

M: What is the name of your record label?

T: Gun Records located in Halifax, Nova Scotia, in Eastern Canada (NE of Maine).

M: What is it like going to a studio for the first time?

T: It was overwhelming. It was like doing anything for the first time. The experience seemed bigger than it really was, but it was fun and exciting.

M: What are some of the songs on the latest album?

T: In the beginning I recorded mostly other people's music. I wrote only 3 original songs. My last three albums were co-written with others. My latest album is titled, "The Power of the Dream." This was the first album ever produced with a Braille insert on the inside cover. This also includes a digital file. This is a computer ready program for Blind/VI people in order to hear all the song book text and lyrics on the insert. You can listen to it with a voice synthesizer or screen reader program like Window eyes or Jaws.

M: How often do you make an album?

T: Every 2-3 years because it costs \$30,000 - \$70,000. It is very expensive. New technology makes it easier to make recordings.

M: Have you ever made any singles? How was it done?

T: Yes. You make a copy from the master digital recording to a disk and/or download to a website in order to play on radio stations.

M: Have you ever had more than one single?

T: We try to release 3 or 4 from each album.

M: Do you plan on making another album?

T: I am writing music and getting ready for the beginning stages of recording.

M: Have you ever sold over 1 million copies of your album?

T: Not yet, but we're working on it. I did make a video for "The power of the Dream." It includes little stories of people making their dreams come true.

M: What style of Music do you play?

T: I consider my style Folk/Pop especially when singing "The Power of the Dream."

M: Thank you Terry