



Camp Abilities Newsletter! THE C*A*N, as in, yes you can!

The C*A*N is dedicated to the memory of Dr. Janet Joseph, the C*A*N founder and Lauren Lieberman's mother. She died suddenly in December of 2006. She was an active part of Camp Abilities Brockport for 7 years and we miss her very much.

Volume 9 Issue 2

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Monday, June 24, 2013

Evening Activities

Minute to Win It!



Kenny Bremer



Terry Kelly



Morning Activities

Tandem Biking, Beep Baseball, Track and Field, Judo



Kick bike



7 person bike



Single bike for the first time:
I am rockin' this!



Judo throws with Lauren



Running Long Jump



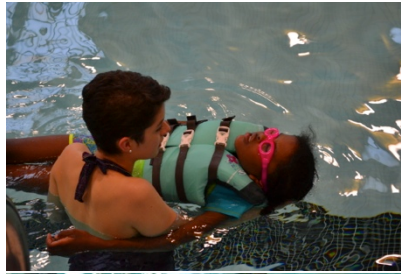
Shot put



Running techniques

Afternoon Activities

swimming, goalball, , gymnastics



We are fortunate to have Andy Jenks, Paralympic USA Men's Goalball team member with us this week. He will be coaching the athletes in techniques of his sport.

