The <u>Camp Abilities Newsletter</u>

Tuesday, June 27, 2006 Vol 2, No 4

THE C*A*N

As in, yes you CAN

Menu for Wednesday, June 28, 2006

Breakfast: Pancake breakfast - Churchville Lions Club*

Lunch: cafeteria

Dinner: Baked ziti, meat sauce, salad bar, Italian bread, pudding, fruit.

58 Main Street Diner*

* donated meal

The Daily Fisherman by Larry Mayer

We got Worms!!! Last night, we fished with our new equipment. Although we only had a few bites, the dozen or so people who came out are learning to cast and have fun.

Renaming of teams

The Green, Blue, Yellow & Purple Teams have enhanced their names.

The Green team is now **G-G-G-GREEN UNIT.**

A rose by any other name, still smells sweet," said Shakespeare.

A few highlights: <u>Ethan</u> is walking independently, just using his cane. <u>Max</u> did 75 sit ups at the track. <u>Kevin</u> blocked 3 goals in GB. <u>Blaise</u> set a goal to do more than 9.5 (38 laps) miles on the bike. <u>Nate</u> enjoyed his first time at JUDO. <u>Brandon</u> helped the coach and other campers during activities.

The Blue Team has become **BLUE LIGHTNING!**

<u>Logan</u> swam 2 lengths of the pool in 59 seconds. <u>Michael</u> did 3 laps on the track and saved a goal in GB. <u>John M.</u> walked backwards twice on the balance beam. <u>Mike L.</u> swam 8 laps in the pool & tried Beep Baseball and Goal Ball for the first time. <u>Ammy</u> swam 3 laps in the pool.

<u>CHIQUITA BANANA</u> is the new name of the Yellow Team.

<u>Katie</u> biked 26 laps and swam 8 laps in the pool. <u>Beth</u> did 6 pool, 6 biking laps and did awesome handstands! <u>Mary</u> did 5 pool, 10 biking laps and a super job at Gymnastics! <u>Annie</u> swam 10 laps,12 laps biking and an awesome job on the trampoline! <u>Tiff</u>, in addition to great front rolls, did 6

pool and 14 biking laps. <u>Pao</u> swam 6 laps in the pool and biked 8 laps. <u>Lisa</u> swam 11 laps in 1 min. 20 secs. <u>Megan</u> biked 18 laps. <u>Marissa</u> biked 21 laps, <u>Megan M</u>. biked 10 laps and <u>Taylor</u> biked 26 laps. Yea!!!

PURPLE POSSE is the new name of the former Purple Team.

Everything <u>Vincent</u> did is a new experience for him. <u>Marquel</u> rode 5.5 miles on the bike while his coach ran next to him. <u>Chris L.</u> rode a bike for the first time since he is blind and did his first somersault. <u>Christina</u> used a tether for running, which helped her greatly. This was the first time for her on a Tandem Bike, so she rode 10 laps and one Victory Lap! <u>Austin</u> went in the pool!!! **YEA!!!**

USABA – The United States Association of Blind Athletes was the topic of a short presentation by Jim Mastro and Peter Gottwald, Jr. Since 1976 blind athletes are in the Para Olympics. Jim was in wrestling and GB. Peter, a West Chester University student, will be in a national competition in GA this week.

<u>Terry Kelly</u> and <u>Hans Mayer</u> will be here Wednesday night. YAY! <u>Terry Kelly</u> is one cool Canadian Dude,

Who inspires us through music and CAN DO attitude!

Hans Mayer will us entertain

Hopefully now, will stop the rain.

Rain curtained most of our evening activities, but we had ARCHERY in Tuttle, south. Many athletes, shooting bow & arrow for the first time, hit the balloons on the target.

Janet M. Joseph, Ph.D. C*A*N editor, V2.4