

The Camp Abilities Newsletter
July 01, 2005 Vol 1, No 7
The C*A*N
By: JMJ

Menu for Friday, July 01, 2005

Breakfast –same as usual

Lunch – (ABVI) Choice of sandwiches on rolls, turkey, ham, tuna, cheese. Assorted chips, pretzels, snack items.

The Daily Fisherman...by David Dodge

It was a beautiful night on the Erie Canal. Wednesday was our last official night to fish. Many coaches and athletes came out to enjoy the sport. Zeb caught 2 fish, Chris and Larry each caught 1, bringing our total for the week to 7, a new Camp record. Thanks to all who participated, including the lifeguards.

Lauren, our Camp Director, encourages us to believe, that in every thing we do, we can Achieve.

Today, our last day at Camp, we have a choice of 2 activities of the following:

Swim, Goalball, Judo, Tandem Biking or Gymnastics.

Some of those who Shared today:

Larry, Megan, Olivia, TJ, Chris, Max, Blaise, Peter for Rennell, Andrew, Angelica, John, Doug for Zeb, Mark for Doc, Quinn, Marissa, Logan

In Beep Baseball they are playing exciting games.

In Judo they are practicing moves.

Track & Field, today free choice of activity.

Tandem Biking still going round & round.

This is our last edition for 2005. Janet wishes to thank Murry Everson for his contributions and anyone else who made this, our first volume, a success.